



Virginia State Future Stars

Program Director:

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VA State Chairman:

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Virginia State Future Stars and JE Clinic One Save The Date Reminder

June 8th and 9th at Gymstrada Gymnastics

Hello Team Virginia!

- Cost for clinic will be \$75 per athlete; \$25 per coach with athlete; \$50 for coaches without athletes. Future Stars and JE are the same cost.
- Saturday Lectures: 5 PM start (Coaches Only) Sunday Training: 8:45 Reg / 9-4 Training (Athletes and Coaches) (All times are tentative)
- Our clinic formats for this season will be modeled closely to Future Stars Nationals and will also include Lectures on Saturday evening.
- Anyone interested in being a clinician or Lecturer/Both, please email ASAP. All clinicians/lecturers are compensated for their time and efforts.
- Our goals for the first clinic are to create training goals and team bonding opportunities for Virginia coaches and athletes and to prepare, together, for a successful Future Stars and JE Season in 2018-2019!
- Coaches can bring a maximum of Eight athletes per coach and as many coaches per gym as you would like. Any age eligible athlete may attend; no prior experience in the Future Stars/JE program necessary. **There will be drills and routine support for different levels of readiness**
- **Registration is open on the USAG Meet Reservation Page**
- **Send Payment to Cindy Walker 144 A Tewning Rd, Williamsburg, VA 23188**